

What is Special Infant Care Clinic?

When babies are born early or experience complications as a newborn, they are at increased risk for ongoing medical and developmental problems after discharge from the hospital. The Special Infant Care Clinic (SICC) is a developmental follow-up clinic that helps monitor high risk infants' medical condition(s), feeding, growth and development after they have gone home. SICC is available to assist your pediatrician in caring for your child during the first two years of life. We are committed to helping and supporting babies and their families so they reach the best outcome possible. The staff in SICC include pediatricians who specialize in caring for high risk infants, a nurse practitioner, nurse clinician, child psychologist, physical therapist, speech/language therapist, occupational therapist and social worker. You may recognize many staff in clinic who helped care for your baby in the Intensive Care Nursery.

SICC Team

William Malcolm, MD

Patricia Ashley, MD, PhD

Deesha Mago-Shah, MD

Jen Peterson, MD

Mollie Warren, MD

Katie Gustafson, PhD

Shelly Kutchma, PNP

Kim Lutz, RN, BSN

Erika Johnson, LCSW

Lynn Byrd, Staff Assistant

Contact Us:

Lynn Byrd (scheduling)

Phone: 919-681-3501

Email: edith.byrd@duke.edu

OR

Kim Lutz, RN (patient needs)

Phone: 919-681-6027

Email: kim.lutz@duke.edu

Duke Children's Health Center

2301 Erwin Road

Durham, NC 27710



Duke Children's Special Infant Care Clinic

*We care for you in and
out of the hospital.*



What will happen during a clinic visit?

Your baby will receive:

- A complete medical and neurological exam
- Evaluation of muscle strength and coordination
- Assessment of early developmental skills

You will receive:

- Recommendations for treatment, feeding, sleeping, or behavior concerns, if necessary
- Referral to specialists or early intervention
- Information on community resources



SICC is available to assist your pediatrician in caring for your child during the first two years of life. We are committed to helping and supporting babies and their families.

Services offered

Your first appointment will be scheduled for one week to four months after being discharged from the hospital. Depending on your child's needs, he/she will continue to be seen weekly, monthly, or every few months. For premature babies or babies with feeding issues, it is common for visits to be more frequent in the beginning and become less frequent over time.

Your visit may include all or some of these services

- Medical check up by a doctor or nurse practitioner
- Evaluation by a physical, speech/language, or occupational therapist
- Developmental and neurobehavioral evaluation and consultation by our psychologist
- Social worker and dietician available

You can count on Duke's SICC Team to help you transition from the hospital to home.



Front row (left to right): Dr. Malcolm, Julie Coats PT, Dr. Mago-Shah, Dr. Ashley

Back row (left to right): Kim Lutz RN, Dr. Gustafson, Shelly Kutchma PNP, Shannon O'Donnell PT, Erika Johnson LCSW, Lynn Byrd Staff Assistant, Dr. Warren